

## Want Ads Work Wonders

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**Medicines for Problem Sleeping**  
 Insomnia is a condition in which the person affected has difficulty falling asleep or difficulty staying asleep. A lack of adequate sleep can lead to negative effects on our health. For example, the immune system may be adversely affected, as sleep plays a role in supporting the proper functioning of the immune system. It is estimated that one in 10 Americans are affected. There are a variety of factors that may contribute to sleepless nights, including stress, anxiety, and depression. Certain drugs, such as some antidepressants and over-the-counter medications containing caffeine, may also contribute to insomnia.

Although sleep may be improved by behavioral therapies, medications are available to temporarily aid in improving sleep. Medications available with a prescription to improve sleep include *zolpidem* (Ambien), *eszopiclone* (Lunesta), *zaleplon* (Sonata), and *ramelteon* (Rozerem). These drugs are usually recommended for use on a short-term basis while combined with behavioral therapies. Trazodone (Desyrel), an antidepressant, is also available for aiding sleep in persons affected by insomnia. Certain over-the-counter antihistamines may cause drowsiness and may be used occasionally. However, such drugs often do not continue to have the same effect with repeated use.

**A MOUTHFUL OF SUGAR...**  
 Helps bacteria grow. The bacteria in our bodies love it when we eat sweets because sugar helps that bacteria multiply - causing cavities in our teeth and possible gum damage. The bacteria uses the sugar to produce harmful acids that can destroy the enamel on our teeth - which ultimately leads to decay.  
 The only way to prevent this is to brush your teeth immediately after consuming sweets (at the office keep an extra brush and tube of toothpaste in your drawer). And don't just give teeth the brush-off.  
 Most of us brush for under a minute, while the preferred time is around four minutes.  
**TIP:** Brush while you listen to the radio. The average length of a pop song is around four minutes - so keep brushing until the song is over.

Presented as a service to the community by:  
**SEALY DENTAL CENTER**  
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 It's not too late, a subscription is a great birthday or graduation present for everyone.  
 Call 979-234-5521 or email, eaglelakeheadlight@sbcglobal.net for our current rate for your town.  
**Eagle Lake Headlight**

- Attend the Church of Your Choice...**
- EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
  - GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
  - GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
  - MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
  - LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
  - BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
  - ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
  - CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
  - THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
  - GREATER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
  - EAST BERNARD FIRST BAPTIST FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
  - FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
  - IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
  - GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
  - WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
  - PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
  - CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
  - ROCK ISLAND BAPTIST: Bob Allison, Pastor.
  - SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
  - WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

## Obituaries

**Vernon F. Brown**  
 Vernon F. Brown, 73, of Rock Island, passed away July 12 at Lavaca Medical Center in Hallettsville.

He was born June 5, 1935 in Hallettsville the son of Clarence Sr. and Ludmilla Vasek Brown. Vernon married Bessie Dorothy Zapalac on November 2, 1968.

He was a retired foreman for Colorado County Precinct #1 and had been employed there for over 40-1/2 years.

Vernon was preceded in death by his parents.

Survivors include his wife, Bessie Dorothy Brown of Rock Island; daughter, Vicki Tesch of Sheridan; daughter-in-law, Cathy Brown of Louise; son, Vance Brown of Hallettsville; sisters, Lucille Bujnoch and Bernice Woytek both of Hallettsville, Delores Kutach of Rock Island and Margaret Hines of Columbus; brothers, Clarence Brown, Jr. and Alton Brown of Hallettsville and Marvin Brown of Rock Island; six grandchildren, Joshua Brown, Clayton Brown, Tara Tesch, Jessica Tesch, Hannah Brown and Madison Brown.

Funeral services were held July 15 at 2 p.m. at Henneke Funeral Home in Columbus with Pastor Jerry Greak, officiating. Interment followed in Myrtle Cemetery in Rock Island. Henneke Funeral Home in Columbus was in charge of arrangements.

Pallbearers were Roy Lee Girndt, David Fuller, Jimmy Brown, Stephen Brown, Steve Kutach, III and Clay Brown.

Sympathy is extended to the family in their loss.

**Deacon Louis Matthews**  
 Deacon Louis Matthews was born in Eagle Lake on August 23, 1932 to James Matthews, Sr. and Nellie Riggins. He attended school in the Matthews Community and E.H. Henry High School.

He confessed to Christ at an early age at Saint John Baptist Church under the leadership of Rev. Johnson. Years later, the church merged with another church and formed a new church called Greater Union Baptist Church. He remained a faithful and dedicated member until his heavenly departure. He served as the chairman of the Deacon Board and a Trustee.

Louis married the love of his life, Jessie Lee Harbert, on August 12, 1956 at Greater Union Baptist Church by Rev. E.E. Gibbs in Matthews. To support his new family, he worked at the Furniture Shoppe in Eagle Lake for over 40 years.

On July 6, God called home Deacon Louis Matthews to be with his parents, James Matthews, Sr. and Nellie Riggins; four brothers, Will Matthews, Sr., Johnny Matthews, James Matthews, and Clarence Matthews; and one nephew, Will Matthews, Jr.

Deacon Louis Matthews leaves to cherish his memories a loving and devoted wife of 52 years, Jessie Lee Matthews; two sisters-in-laws, Theresa Oubre (John) of Houston and Vera Williams of San Antonio; two play sisters, Hattie Cunningham and Jewel Lewis, both of Matthews; eight nieces, Jacqueline Christal and Nichelle Cunningham, both of Rosenberg, Nancy Carter (Jake) of Pearland, Linda Bell (Glen) of New Jersey, Peggy Joyce Thibodeaux, Winifred Brown, and Cathy Hayes (Chester), all of Missouri City and Diane Kenlaw (Allen) of San Antonio; three nephews, Kenneth Lee Nelson of Houston, Randy Oubre (Sherease) of Fresno, TX, and Ronnie Scarlett of San Antonio; and a host of great nieces, great nephews, other relatives, and friends.

Funeral services were held Saturday, July 12 at 11 a.m. at Greater Union Baptist Church with Rev. L.C. Robertson officiating. Interment followed at Union Hill Cemetery. Another life celebration by Ben Davis Funeral Home.

Pallbearers were Carlos Conejo, Darryl Stancik, Thurman Black, John Allen, Jr., Allen Ray Hurd, and George Black.

Honorary pallbearers were DeWayne Hurd, Curtis Carter, Chester Hayes, Kenneth Nelson, Dwight Hurd, Ronnie Scarlett, Randy Oubre, and Allen Kinlaw.

Sympathy is extended to the family in their loss.

**Evia Jewel Norris Hobbs**  
 Evia Jewel Norris Hobbs passed away peacefully at River Oaks Healthcare Center in Columbus, Wednesday, July 9, at 94 years, 11 months of age.

She was born into the large family of Henry Abud Norris and his wife, Frances "Fannie" Moore Norris, near Nacogdoches on August 29, 1913.

Preceding her in death were her husband of 48 years, Horace Hillborn "Goob" Hobbs; her parents; and her twelve siblings. Her two sisters were Nettie Norris Lundsford and Lorena Norris. Her ten brothers were Keith, Green, Ivy, Garland, Lora, Charlie, Jack, Francis, Winfred and Garvis Norris.

Evia married Horace H. "Goob" Hobbs in Gladewater, Texas, during the East Texas oil boom, May 21, 1931. Early in their marriage he nicknamed her Granny because she was so slow in meal preparation. The name of Granny stuck. Many of their oilfield friends and acquaintances never knew their real names, as they were known as Goob and Granny.

During the 1930's, 40's and 50's they lived throughout the coastal country of Southeast Texas and Louisiana as his employment by Glen H. McCarthy Drilling Company required many transfers. In their middle years, Horace retired from the oilfield and they made Houston their permanent home.

As Evia's children grew older, she was employed as music director for two kindergarten schools in Houston for a number of years before she entered a second career as a florist when she and Horace established Belfort Nursery and Florist in Houston. They were drawn to specializing in the tropical plants they loved. Each summer found them traveling to Florida and Mexico in search of rare and unusual specimens for their customers.

Horace's sudden death in 1979 changed Evia's life again. As a widow she traveled extensively throughout the world as well as the U.S. and Mexico. Her bags were always packed for her next trip whether by plane, bus or auto.

Following heart surgery Evia became very involved promoting chelation as an alternative treatment for heart disease, thus traveling a great deal in relation to her new interest organizing the Chelation Club of Texas. She was elected the first president of the organization.

Evia played the piano and accordion by ear from childhood until her last days in her 95th year. She never had a music lesson but if she heard a melody she could play it. She loved to sing. She sang with The Silvertones at Spring Shadows Place in Houston during her nine years of residence there, then actively engaged the



residents of River Oaks in Columbus to attend a weekly sing-a-long when circumstances required her to live out her life there. On the Road Again could have been her theme song as she loved to sing while driving with her children and later in life with her grandchildren.

Evia's delight was celebrating her birthday every August with family and friends. Before the end of each birthday celebration she would be making plans for the next party.

Strong willed, extremely creative, very beautiful, charming and witty, Evia could command an audience, charm, delight and befriend people wherever life took her.

Left with a lifetime of memories are her three children, Helyn Hobbs Farris and adored son-in-law, William, of Eagle Lake; Horace Olan Hobbs and wife, Mary Ellen, who Evia loved as a daughter, of Concan; and, her third child, Evia Jeannine Hobbs Richards of Hockley. Also, her seven grandchildren and their spouses: Candyce Farris Dixon and Dale, Melody Farris Grigar and Michael, Rich Farris and Carolina, Horace Olan Hobbs, Jr. and Cynthia, Theresa Hobbs Frasch and Neal, Gary Richards, Jr. and Heather, and Charlie Richards and Ashley.

Evia's long life allowed her many years to enjoy great grandchildren Alyssa, Will and Luke Dixon; Lance Grigar and wife, Carrie; Lori Grigar Chapman and husband, Will; Horace III and Roselyn Hobbs; Curren and Duncan Frasch; Jacob, Melody, Sarah, Michael and Emily Richards; as well as two great-great-grandchildren, Laila Chapman and Gunner Grigar.

The family of Evia Norris Hobbs gathered for a graveside service at 10 o'clock in the morning, Saturday, July 12, at San Jacinto Memorial Gardens in Houston. Rev. Ken Goodell of Houston, retired Methodist minister, officiated. Great-granddaughter Alyssa Dixon sang and family members shared fond memories of Evia. She was buried beside her husband and parents.

Sympathy is extended to the family in their loss.

**2.**  
 Are you worried about passing your driver's test or renewing your license? Sensitivity to glare can be a sign of cataracts. Even if you see well otherwise, vision may be significantly reduced due to glare conditions if cataracts are present.  
 ★ Austin County Eye Associates  
**979-885-4600**

**Coaches vs. Kids Game**  
**Wednesday, July 23 • 7:30 p.m.**  
**Eagle Lake Little League Field**  
**Come Help Us Close Out The Season**  
 Bring grandpa, grandma and kids to watch the closing of another great little league season...  
 Don't forget to bring an appetite too!!!

**Check Us Out Online at**  
**www.eaglelakeheadlight.com**  
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**Bible Verse of The Week**  
 "Here is the trustworthy saying: If we died with him, we will also live with him; if we endure, we will also reign with him. If we disown him he will also disown us; if we are faithless, he will remain faithful for he cannot disown himself."  
 2 Timothy 2:11-13  
 Submitted by Donna Samora

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 2551 Hwy. 36 North • Sealy  
**Everyone is WELCOME**  
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 Sunday 10 a.m.: Bible Study, 6 p.m.; Wednesday, 7 p.m.  
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